



Fergus Skating Club Skateline News

OCTOBER, 2019

DATES TO REMEMBER

President's Welcome

Welcome to all new and returning skaters and families to the Fergus Skating Club!

It is wonderful to see so many smiling faces in our programs. A special thanks goes out to our special Coaches and important Program Assistants. Without these talented people, our programs could not run!

It's a busy time as our programs are just getting going. Our STARSkaters have been back on the ice for over a month and we welcome our CanSkaters onto the ice these past few weeks!

The Fergus Skating Club is a non-profit organization entirely run by volunteers, with the exception of our professional coaches. This year, we will have a few fundraising campaigns in order to help keep skating fees affordable for all. Participation is not mandatory, but we hope you will consider supporting your skating club in this endeavor.

Our website has a wealth of information about our skating programs, calendar of events including any predetermined cancellations, our club's Constitution & Policies and much more. When you log in with your family account, you have a

personalized calendar for reference. Also, if there is inclement weather (or other circumstance) so that we need to cancel lessons, it will be posted on the FSC Homepage, and an email message will be sent out as soon as a decision has been made.

The FSC Board of Directors will strive to have an information table set up during most skating sessions to answer questions, give advice and help where needed. Please don't hesitate to chat with us there or contact us via email (fergusskateclub@gmail.com).

On behalf of your FSC Board of Directors,

Evelyn Brown
www.fergusskatingclub.com



No Skating
November 8th & 9th (hockey tournament)

No Skating
November 29th & 30th (hockey tournament)

StarSkate Sign Night
November 29th

StarSkate Teen Ranch Performance
December 1st, 11:00-1:00

StarSkate Performance Night
December 13th, 7:00-8:20



WELCOME TO OUR 2019-2020 EXECUTIVE BOARD

President:
Evelyn Brown

Vice President:
Karen Varley

Secretary:
Paula Cerveney

Registrar:
Evelyn Brown

Treasurer:
Marsha Murphy

Test Chair:
(Position open)

Call for Volunteers:

The Fergus Skating Club runs on volunteer strength, energy and commitment. At least two new Board Members are needed for next year to guide the focus of the Club and help create fun, engaging environments for all of our skaters.

This is your opportunity to get involved and make a difference!



Welcome CanSkaters!

Welcome back to our new and returning members. We look forward to a season of fun, friends and skill development on the ice. We'll enjoy theme days, incentives, ribbons, badges and progress reports.

We have many new Professional Coaches and Program Assistants joining our team this season. I know that their enthusiasm and skill will benefit our young skaters. Please read on for a profile of our Coaching Team.

Don't hesitate to speak with any of our Coaches after the session if you have any questions or contact Coach Patty at icex@rogers.com

Welcome Back Reminders

- CSA approved hockey helmets MUST be worn up to and including Stage 5 for insurance.
- Skaters must wear name tags & coloured skate tags to each class to ensure organization.
- Professional coaches assess the progress of the groups daily. If the coach feels that a skater is above or below the general average of the group at any time during the course; the skater may be changed to a more suitable group.
- Only participants and coaches are allowed on the ice during the session.

- It helps to have a quick bathroom break prior to class. These breaks are essential for the comfort of our skaters. If a break is needed during the class, our programs assistants will bring your skater to the boards for your help. Please keep an eye on your skater.

- Skates with good fit and support are a must for comfort and progress. We recommend Edee's Skate Place for figure skates and hockey skates. She has a great trade-in program. 1-800-399-0282.

- If you have any questions please do not hesitate to ask a Professional Coach after the session or a club volunteer is often at the table in the viewing area.

- Keep up to date on all Fergus Skating Club activities. Visit our website regularly at www.fergusskatingclub.com and subscribe to our newsletters for updates.



SKATING COACHES

Patty Lambertus, Skate Canada Pro Coach: Over 25 years as a Skate Canada Trained National Coach. Patty has coached many Competitive Singles Skaters from Pre-Juvenile all the way to the Senior level. She has coached numerous Skate Canada Gold test medallists in the disciplines of Skills, Dance and Freeskate as well as, Interpretive. Many of Patty's former students have gone on to be Professional Coaches, University level competitors, Skate Canada Evaluators, and Ice Show Performers **Head Coach Contact Info:** (519) 941-2777, icex@rogers.com)

Sarah MacDonald, Skate Canada Pro Coach: Over 33 years as a Skate Canada Trained National Coach. Sarah has coached many skaters at sectional and provincial competitive levels. She has also coached many Skate Canada Gold Test medalists in all disciplines.

Leigha Bailey, Trained Regional Coach: Leigha began as a PA with Canskate at the age of 9 years with the Fergus Skating Club and is now a certified regional coach. She is also a teacher with UGDSB.

Janet Weinstein: Janet is an In Training Club Coach and a former skater with Fergus Skating Club. She is also a recent college graduate.

Sophia Thomas: Sophia is an In Training Club Coach. She is also a Skate Canada Gold Free Skate and Skills medalist, as well as a Junior level competitor and Honour Roll Student.



At the Fergus Skating Club:

We run all certified Skate Canada programs. All of the Fergus Skating Club Coaches are certified professional member coaches of Skate Canada. They are well trained figure skaters with professional careers that continue with years of further training, 'continuous education', and Skate Canada National Certification. They also hold First Aid Training Certificates, as well as Vulnerable Sector Police checks.

All our coaches work hard to make your child's skating lesson a most enjoyable and fun

experience. If you have any questions, do not hesitate to approach any of the coaches after lessons.

Pre Canskate /Canskate:

- the focus is on Balance, Control, Agility (forward, backward and turns)
- report cards of progress
- 45 minute sessions Wednesday, Friday and Saturday
- small groups with professional instructions
- CanSkate prepares skaters for all skating sports – hockey, ringette, as well as figure skating (STARSSkate)

Program Assistants:

- nationally certified (training is offered at the Fergus Skate Club)
- these talented young members (Preteen to Adult) assist PreCanSkate and Canskate on the ice

Fergus Skating Club STARSSkate:

- our club offers all disciplines of figure skating (Freeskate, Dance, Skills, Interpretive), including Skate Canada Tests
- for budding figure skaters, our Star 1 Class offers a familiar group coached environment to transition from CanSkate (after Badge Level 4) to STARSSkate.
- STARSSkate offers combined sessions and classes so younger STARSSkaters may be inspired by the more advanced skaters
- please refer to our website for other group coached classes and private lesson/practice sessions

Halloween Fun Days

Attention all Pre-Power, Pre-CanSkaters, CanSkaters, STAR 1, and PAs! Get ready to have some fun during regular classes on October 25, 26, and 30. Skaters and Program Assistants are invited to wear a 'safe-to-skate-in' costume to their class. In addition, there will be Halloween music, activities, and treats.

STARSkaters are also invited to wear a 'safe-to-skate-in' costume to the sessions on the 25th, as well as to Jump/Spin on the 30th.

Thank you PAs!

Another shout out to all our PAs and volunteers who have been working hard to help get the CanSkate sessions off to a great start!

Team Fergus

The Fergus Skating Club is once again preparing for some out-of-area competitions for our STAR-level figure skaters.

The primary competition that we are hoping to have FSC skaters compete at is:
Owen Sound Feb 14-16
(Pre-registration is Nov 22-29)

A second competition where we may be able to register skaters is:
Mississauga Mar 6-8
(Final registration is January 14)

The coaching staff will advise parents if these competitions are recommended for your skater. Registration will be online once it becomes available.

Holiday Performances!

Fergus Skating Club StarSkaters are invited to perform at the Teen Ranch Holiday Ice Show & Family Skating Party on December 1st. StarSkaters will be learning some holiday themed routines during regular sessions in November to prepare. Skaters will also have the opportunity to perform these routines at our own Fergus Skating Club Performance Night on December 13th. If your skater is in one of the routines that will be performing, you will be contacted to see if you are interested and available for the December 1st show.

We are looking forward to a wonderful skating season!